

Curriculum vitae / Research Profile

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| Personal information | Young, Allan , MB.ChB, MPhil, PhD, FRCP(Edin.), FRCPPsych, FRCPC, FRSB Professor of Psychiatry, Chair of Mood Disorders, Director of the Centre for Affective Disorders, Interim Vice-Dean for Academic Psychiatry, King's College London (KCL), United Kingdom (UK) |
| Current position | transCampus®-Professor, Translational Psychiatry, Department of Psychiatry and Psychotherapy, University Hospital Carl Gustav Carus, Technische Universität Dresden Chair of Mood Disorders and Director of the Centre for Affective Disorders, Institute of Psychiatry, Psychology & Neuroscience, KCL (since 2013) |
| Role within partner site | Lead Principal Investigator (P.I.) |
| Relevant Work experience | Chair of Mood Disorders and Director of the Centre for Affective Disorders in the Department of Psychological Medicine in the IoPPN, KCL, London; Interim Vice-Dean for Academic Psychiatry at KCL, London; National Institute for Health Research (NIHR) Mental Health Biomedical Research Centre (BRC) Cluster and Theme Lead in the Translational Therapeutics Cluster; Clinical Academic Lead in the Psychological Medicine and Integrated Care Clinical Academic Group in the South London and Maudsley NHS Trust; Consultant Psychiatrist and Head of the Affective Disorders Service; President, British Association of Psychopharmacology (2019); P.I. of > 20 RCTs with pharmacological or psychological interventions in bipolar disorders and major depressive disorder (since 1997); WP lead, clinical trial "Optimizing response to Lithium treatment through personalized evaluation of individuals with bipolar disorder: The R-LINK initiative" (EU Horizon 2020 research & innovation program) (since 2019) |
| Professional background | Research Fellow, University of Edinburgh (1989 -1992); Clinical Lecturer, University of Oxford (1992-1994); Senior Lecturer, University of Newcastle (1994-1999); Professor; University of Newcastle (1999-2007); on leave from 2006-2007, simultaneous with UBC appointment; Professor of Psychiatry, Leading Edge Endowment Fund Chair in Depression Research, Director of the Institute of Mental Health University of British Columbia (2005-2010); Chair of Psychiatry and Director of the Centre for Mental Health, Division of Brain Sciences, Department of Medicine, Imperial College London (2010-2013); Chair of Mood Disorders and Director of the Centre for Affective Disorders, Institute of Psychiatry, KCL, London (since 2013) |
| Main research focus | Professor Young's research interests focus on the cause and treatments for severe psychiatric illnesses, particularly mood disorders. He has a particular interest in novel psychopharmacology |
| Publications | 5 out of 500+, h-index [Scopus] 80: Fornaro M, Maritan E, Ferranti R, Zaninotto L, ... Young AH et al. Lithium exposure during pregnancy and the postpartum period: a systematic review and meta-analysis of safety and efficacy outcomes. <i>Am J Psychiatry</i> . 2020;177(1):76-92.; Tsapekos D, Seccomandi B, Mantingh T, Cella M, ... Young AH . Cognitive enhancement interventions for people with bipolar disorder: a systematic review of methodological quality, treatment approaches, and outcomes. <i>Bipolar Disord</i> . 2020;22(3):216-230.; Tsapekos D, Strawbridge R, Cella M, Wykes T, Young AH . Do we really need a "new" cognitive therapy for bipolar disorder? Paradigm refinements and treatment mechanisms for cognitive remediation. <i>Bipolar Disord</i> . 2020;22(3):213-215.; Dragioti E, Solmi M, Favaro, A, Fusar-Poli P, ... Young AH et al. Association of antidepressant use with adverse health outcomes: a systematic umbrella review. <i>JAMA Psychiatry</i> . 2019;76(12):1241-1255.; Jauhar S, Ratheesh A, Davey C, Yatham LN ... Young AH . First episode mania: we should have intervened earlier. <i>Lancet Psychiatry</i> . 2019;6(10):807-808. |
| Additional information | President, British Association for Psychopharmacology (2018-2020); President, International Society for Affective Disorders (2014-2018); Section Head, WPA Section on Affective Disorders (2012-2014); Bipolar UK Trustee and Executive Board (2013-2020); Chair of Psychopharmacology Committee, Royal College of Psychiatrists (2012-2017) |