

Universitätsklinikum Carl Gustav Carus

Klinik und Poliklinik für Urologie

Direktor: Prof. Dr. C. Thomas

Universitätsklinikum Carl Gustav Carus • Fetscherstr. 74 • 01307 Dresden



Information sheet on sperm cryopreservation (sperm banking) before planned oncological therapies in the Department of Urology at the University Hospital Dresden (fertility protection; as of 2023)

Universitätsklinikum
Carl Gustav Carus Dresden
an der Technischen
Universität Dresden
Anstalt des öffentlichen Rechts
des Freistaates Sachsen

Hausanschrift:
Fetscherstraße 74
01307 Dresden
Telefon 0351 458 -0

Ladies and Gentlemen,

the most important information regarding the cryopreservation of sperm samples before the start of potentially fertility-damaging surgical or cytotoxic therapies is summarized below. We ask you to discuss the subsequent details with your patient.

Contact person:

If there is an indication and the patient wishes to have protective sperm cryopreservation (sperm banking) carried out, please contact the outpatient clinic and the laboratory of the Urology Clinic at the University Hospital Dresden. Both are located in building 27 (DINZ building) on the 1st floor.

To arrange an appointment, please contact:

- | | |
|---|------------------------|
| • Laboratory (appointments) | Tel. +49 351/458-3726 |
| • Ambulance (any questions) | Tel. +49 351/458-2249 |
| • Laboratory management (any questions) | Tel. +49 351/458-14544 |

If you have any questions about the clinic or patient information, please contact the doctor on duty at
Tel. +49 351/458-2249

Requirements:

After the legally required **initial consultation** by you or the **practitioner**, please present the patient to us with the completed consultation protocol (https://fertiprotekt.com/wp-content/uploads/BRZ_Formular_Indikationsstellung_Kryo-Direktive_neue-Faelle.pdf).

The **determination** of the **Hepatitis B&C** and **HIV 1&2** status directly before the sperm collection is also required **by law** and **a condition for storage**. If possible, **take blood** for this and **send us** these findings. Otherwise, the blood must be taken when the patient is admitted to our clinic.

Please provide your patient with a **referral slip** (outpatient cases) or a **consultation request** (inpatient cases).

Please inform your patient of the required **sexual abstinence period of 5 days** before sperm collection. This can be deviated from in certain emergencies. If the semen analysis carried out in our clinic immediately before cryopreservation reveals an insufficient concentration of semen, our doctor will advise the patient on how to proceed.

Vorstand:
Prof. Dr. med. D. M. Albrecht
(Medizinischer Vorstand, Sprecher)
Frank Ohi (Kaufmännischer Vorstand)

**Vorsitzender des
Aufsichtsrates:**
Univ.-Doz. Dr. G. Brunner

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Sie erreichen uns auch mit den Straßenbahnlinien 6 und 12 sowie den Buslinien 62 und 64.



Process:

In our clinic, the patient is examined and the following documents are created:

- Clinic-internal **declaration of consent** for sperm cryopreservation
- Clinic's **privacy policy**
- **Zika Virus Transmission** Fact Sheet/**Infection Risk** Questionnaire
- **Storage contracts** with the **Air Liquide** cryobank in Krefeld, to which we send the cryopreserved sperm samples for long-term storage

The sperm collection takes place (preferably in the morning) in the outpatient area of the Department of Urology (Building 27, 1st floor). The sperm obtained is immediately examined (sperm analysis) and then frozen. In the event of discrepancies in the sperm analysis (e.g. insufficient quantity or concentration), a decision is made in consultation with the doctor as to whether cryopreservation can be carried out.

After the sperm sample has been frozen, it is kept in the clinic's laboratory until all findings are available and until the clinic's internal accounting. This is followed by the shipment to the **Air Liquide cryobank**, which takes care of long-term storage. We cooperate exclusively with this provider.

Contracts and costs:

The patient is first charged the costs for the preparation, analysis and cryopreservation of the sperm, which arise at the **Department of Urology** at the University Hospital Dresden. These costs to be paid to the University Hospital Dresden currently amount to a **one-time fee of €342**.

The **costs** at the Air Liquide **cryobank** include the annual fee for long-term storage (currently **€391/year**) and fees for storing and shipping the sperm sample. Accounting between Air Liquide and the patient is carried out **exclusively between the two contracting parties** in accordance with the contractual relationship concluded.

In this context, we would like to point out that there have been disagreements in the past regarding the assumption of storage fees by individual health insurance companies. In any case, we recommend that the patient consults the health insurance company promptly (before cryopreservation) regarding the assumption of costs in order to **avoid additional costs**.

The list of costs corresponds to the status of 2023. We would like to point out that these can change slightly in specific cases.

If you have any further questions, please do not hesitate to contact us using the contact details given above.

Prof. Dr. Christian Thomas

Klinikdirektor