

## SUBJECT VISIT PLAN RECORD

### Inclusion Criteria

#### *Patients with suspected PPGLs*

Male and female patients (all ages, including children above 5 years) with suspected PPGLs are included on the basis of one or more of the following:

- (i) Patients with a previous history of PPGLs.
- (ii) New onset of hypertension or hypertensive episodes and/or symptoms suggestive of PPGLs (sweating, headache, pallor, palpitations, or other suspicious spells).
- (iii) Therapy-resistant hypertension, defined as an office blood pressure of >140/90 mmHg despite treatment with >3 antihypertensive agents at full dose (including a diuretic).
- (iv) Family history of PPGL or genetic mutations known to predispose individuals to develop PPGLs.
- (v) Presence of an adrenal or retroperitoneal mass discovered incidentally during abdominal imaging studies carried out for investigations unrelated to clinical suspicion of PPGLs.
- (vi) Any other situation involving reasonable clinical suspicion of a PPGL (e.g., patients with a vasopressor response during anesthesia, surgery or angiography).

#### *Patients with suspected GEP tumors*

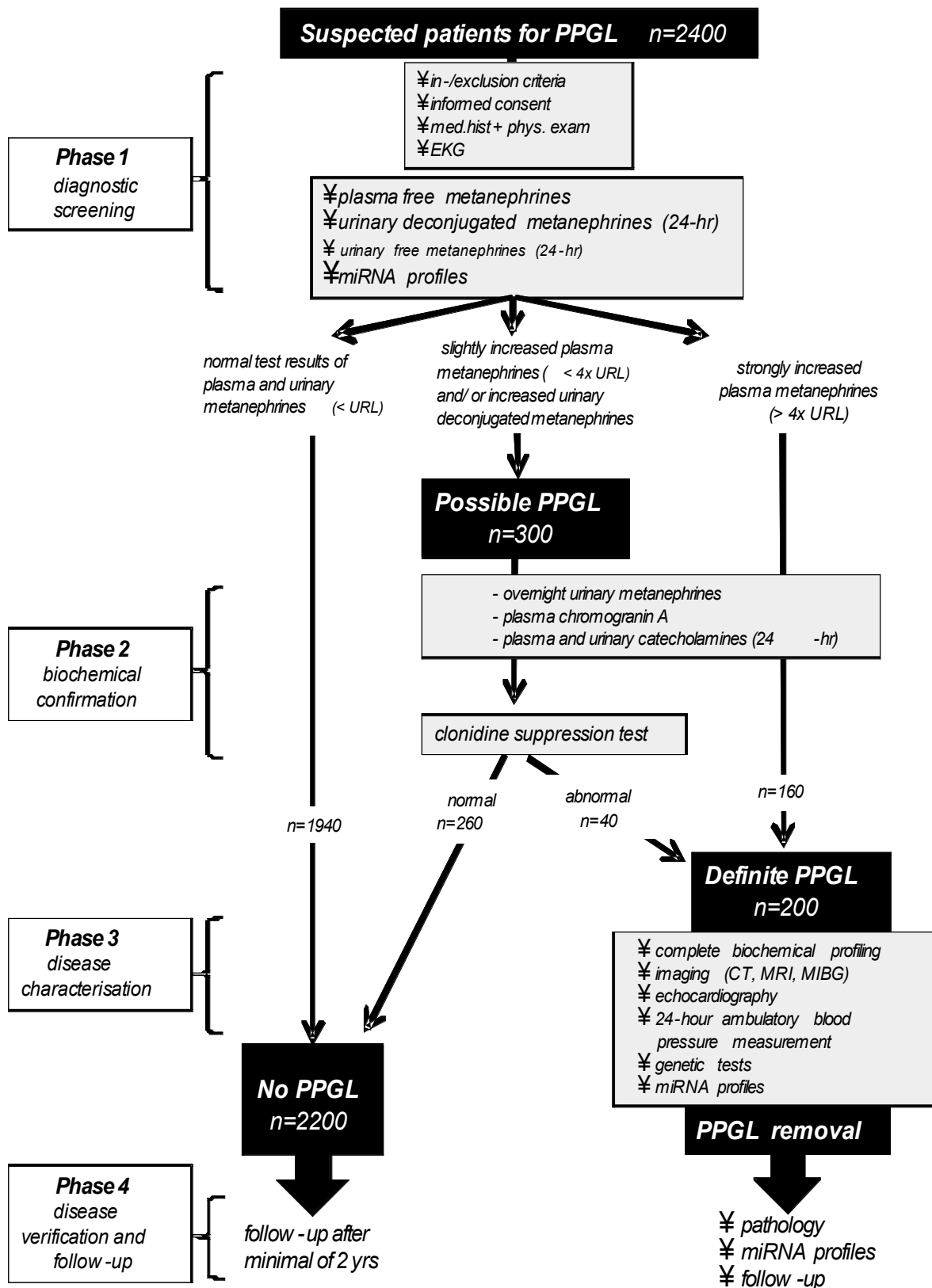
Adult male and female patients (all ages above 18 yr) with proven or suspected GEP tumors are included on the basis of one or more of the following:

- (i) Patients referred or recruited because established GEP tumors.
- (ii) Patients suspected to have GEP tumors based on clinical signs and presenting features (e.g., flushing, diarrhea, steatorrhea, wheezing, dyspepsia, ulcers, hypoglycemia, heart disease, deep vein thrombosis, anorexia, nausea, vomiting, constipation, hypotension, fainting, skin disorders, dumping syndrome, pernicious anaemia, autoimmune disorders, diabetes, gall bladder disease).
- (iii) Patients suspected to have GEP tumors based on previous biochemical testing and/or imaging studies.

### Exclusion Criteria

- (i) Subjects with impaired mental capacity that precludes informed consent.
- (ii) Subjects who require medications that would interfere with or invalidate primary outcome parameters (e.g., tricyclic antidepressants).
- (iii) Pregnant women will not be included as part of either normotensive or hypertensive control groups. Apart from this pregnancy or advanced age does not constitute criteria for exclusion from the protocol. However, pregnant women are excluded from receiving clonidine under the protocol and from all portions of the protocol involving administration of radioactivity. In women of childbearing age (up to age 50) a pregnancy test is performed. In those with a positive result, MRI will be used as an imaging modality but no PET scanning, MIBG scanning or contrast CT will be performed under the protocol.
- (iv) Children will not be included as part of either normotensive or hypertensive control groups. Children below 5 years of age are also excluded from all portions of the protocol. Apart from the above, children aged 5 to 18 yrs are not excluded from the protocol. CT scans, MIBG scans and fluororodeoxyglucose PET scans will be offered to children as part of the protocol and as clinically indicated. However, children are excluded from the clonidine test under the protocol.
- (v) Patients at risk from injury from the MRI magnet due to implantable metal or who suffer from anxiety in enclosed spaces are excluded from parts of the study involving MRI.

**Flow chart for patients with PPGLs illustrating the four phases of the study,**  
 (the summarized procedures for each phase and the numbers of patients expected to participate through each phase)



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**PHASE 1**

1. Last Name: \_\_\_\_\_ 2. First Name: \_\_\_\_\_

3. Gender: \_\_\_\_\_ 4. DOB: \_\_\_\_\_

4. Address: \_\_\_\_\_

6. City: \_\_\_\_\_ 7. Post Code: \_\_\_\_\_

8. Tel (home): \_\_\_\_\_ 9. Mobile: \_\_\_\_\_

10. Email: \_\_\_\_\_

11. NOK:

A: Last Name: \_\_\_\_\_ B: First Name: \_\_\_\_\_

C: Address: \_\_\_\_\_

D: City: \_\_\_\_\_ E: Post Code: \_\_\_\_\_

F: Tel (home): \_\_\_\_\_ G: Mobile: \_\_\_\_\_

12. Referring or Personal Physician: \_\_\_\_\_

13. Study Center: \_\_\_\_\_

14. Subject type: \_\_\_\_\_

15. Entry/protocol: \_\_\_\_\_ If no, reason: \_\_\_\_\_

Unique patient  
identifier and Date  
Consent signed

16. Main inclusion criterion:

- Suspicion based primarily on signs and symptoms
- Therapy resistant hypertension
- Incidental finding on imaging for unrelated condition
- Routine screening due to known mutation or hereditary syndrome
- Routine screening due to previous history of pheochromocytoma
- Other: \_\_\_\_\_

17. Date: H&P Performed: \_\_\_\_\_ 18. EKG performed: \_\_\_\_\_

Affix  
HEP MET Record  
Label with date of  
sample

Affix  
URIN 24 MET  
Record Label with  
date of sample

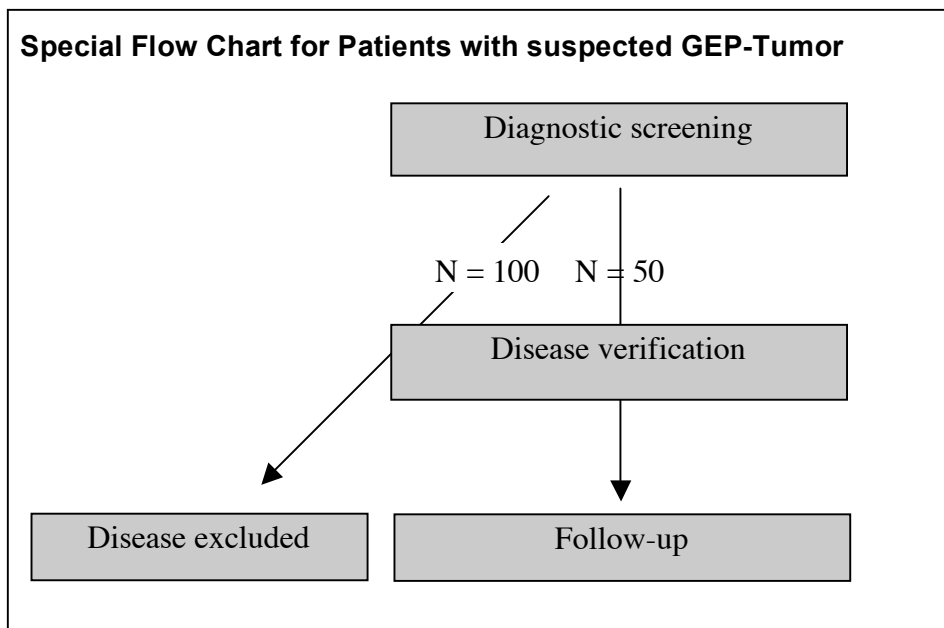
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SER RNA Record  
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sample



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**PHASE 1 (additional sampling for patients with suspected GEP-tumor)**

1. measurement of plasma Chromogranin A (EDTA): \_\_\_\_\_
2. measurement of plasma Serotonin (CTAD): \_\_\_\_\_
3. measurement of serum Serotonin: \_\_\_\_\_
4. urine 5HIAA (24 h; acidified): \_\_\_\_\_



5. Telephone follow-up: \_\_\_\_\_

6. persisting signs/symptoms:  YES  NO

**History and Physical examination**

**History:**

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**Medications:**

**Antihypertensive Medications:**

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**Other prescribed and over the counter medications or dietary:**

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**Specific questions:**

A)

History of hypertension			
Patient has history of hypertension		<input type="checkbox"/>	If yes, since when <input type="text"/> Year
If yes, hypertension sustained or episodic		<input type="text"/>	

B)

Medical History										
Patient has history of previous PPGL				<input type="checkbox"/>	If YES, number of tumors			<input type="text"/>		
	Date diagnosed		Tumor	Tumor location		Dimensions (cm)				
	Year	Mth	Resected	A or E	Details	x	y	z		
1	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
2	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
5	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Patient has residual disease				<input type="checkbox"/>	Residual disease is metastatic			<input type="checkbox"/>		
				If YES, locations and no. of lesions						
				Bones	Lymph nodes	Lungs	Liver			
				<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>			
History of cardiovascular or				<input type="checkbox"/>	History of other neoplasms			<input type="checkbox"/>		
If YES, detail what disease					If YES, detail what neoplasms					
Diabetes mellitus				<input type="checkbox"/>	Skin			<input type="text"/>		
Cardiomyopathy				<input type="checkbox"/>	Central nervous system			<input type="text"/>		
Heart failure				<input type="checkbox"/>	Gastrointestinal			<input type="text"/>		
Coronary artery disease				<input type="checkbox"/>	Pancreas			<input type="text"/>		
Myocardial infarction				<input type="checkbox"/>	Urogenital			<input type="text"/>		
Cerebrovascular disease				<input type="checkbox"/>	Lung			<input type="text"/>		
Renal vascular disease				<input type="checkbox"/>	Bone/Con. Tissue			<input type="text"/>		
Renal insufficiency				<input type="checkbox"/>	Breast cancer			<input type="text"/>		
Shock				<input type="checkbox"/>	Prostate cancer			<input type="text"/>		
Multiple organ failure				<input type="checkbox"/>	Leukemia/Lymphoma			<input type="text"/>		
Other				<input type="checkbox"/>	Thyroid			<input type="text"/>		
					Other			<input type="text"/>		

**Specific questions:**

C)

<b>Signs &amp; symptoms</b>				
Symptom(s) Present	Presence in past 30 days	Symptom associated with others	Frequency of symptom	Duration of symptom occurrence
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sweatiness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Palpitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tremor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pallor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flushing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Panic/Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nausea/Vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weakness/Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pain in abdomen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pain in chest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

D)

<b>Hereditary PPGL syndromes</b>			
Patient has evidence of hereditary syndrome y/n			<input type="checkbox"/>
Evidence includes family history of PPGL`s y/n			<input type="checkbox"/>
Indicate number of 1e degree relatives with PPG			<input type="checkbox"/>
Indicate number of 2e degree relatives with PPGL`s			<input type="checkbox"/>
Evidence includes clinical stigmata y/n			<input type="checkbox"/>
Indicate syndrome			<input type="checkbox"/>
Specific details			<input type="checkbox"/>
Evidence includes clinical stigmata y/n			<input type="checkbox"/>
Specific affected gene(s)			<input type="checkbox"/>
<b>VHL</b>		<b>MEN2</b>	
Ren cyst/carc	<input type="checkbox"/>	MTC	<input type="checkbox"/>
CNS HBLAST	<input type="checkbox"/>	PTH	<input type="checkbox"/>
Ret. Angiom	<input type="checkbox"/>	Muc.Neur.	<input type="checkbox"/>
Pancr cyst/ad	<input type="checkbox"/>	Marfanoid	<input type="checkbox"/>
Endolymph.TU	<input type="checkbox"/>		
Epid.cysts	<input type="checkbox"/>		
		<b>NF1</b>	
		Cafe au lait	<input type="checkbox"/>
		Neurofibroma	<input type="checkbox"/>
		Freckling skin	<input type="checkbox"/>
		Opt. glioma	<input type="checkbox"/>
		Lisch noduli	<input type="checkbox"/>
		Oss. Lesions	<input type="checkbox"/>



**Other Considerations:**

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**Physical Examination:**

Blood Pressure L: \_\_\_\_\_ Pulse L: \_\_\_\_\_ Waist: \_\_\_\_\_

Blood Pressure R: \_\_\_\_\_ Pulse R: \_\_\_\_\_ Height: \_\_\_\_\_

2. Blood Pressure: \_\_\_\_\_ 2. Pulse: \_\_\_\_\_ Weight: \_\_\_\_\_

3. Blood Pressure: \_\_\_\_\_ 3. Pulse: \_\_\_\_\_ Allergy: \_\_\_\_\_

**Physical Examination (continued):**

Skin: • necrolytic migratory erythema: Yes  No

Head:

Eyes:

Mouth/Pharynx:

Thyroid:

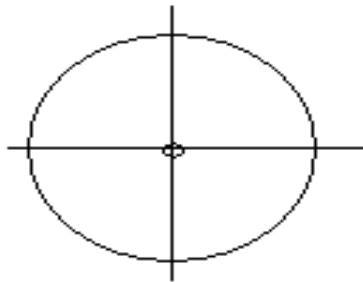
Thorax:

Heart:



Abdomen:

Extremities:



CNS:

**PHASE 2 - (ENTRY-DATE: \_\_\_\_\_ )**

Has patient changed medications since previous phases:  NO

**Changed Medications:**

**Antihypertensive Medications:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Other prescribed and over the counter medications or dietary:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PHASE 2 for pregnant woman and pregnant children/teens (5-18 years)

1. Pregnancy test positive:  2. Date Pregnancy test performed: \_\_\_\_\_

Affix  
HEP CLON BL  
Record Label  
with date of sample

Affix  
EDTA CGA Record  
Label with date of  
sample

Affix  
URIN ON MET  
Record Label  
with date of sample

Affix  
URIN DY CAT  
Record Label  
with date of sample

**PHASE 2 for children/teens (5-18 years) (Pregnancy test negative)**

G. Eisenhofer  
Affix  
HEP CLON BL  
Record Label  
with date of sample

21/9/11

Affix  
EDTA CGA Record  
Label with date of  
sample

PMT STUDY

Affix  
URIN ON MET  
Record Label  
with date of sample

Affix  
URIN DY CAT  
Record Label  
with date of sample

PHASE 2 (Pregnancy test negative, no child)

Time: \_\_\_\_\_

Time: \_\_\_\_\_

BP BL: \_\_\_\_\_ (mmHg)

BP 3hr: \_\_\_\_\_ (mmHg)

Pulse BL: \_\_\_\_\_

Pulse 3hr: \_\_\_\_\_

Affix  
HEP CLON BL  
Record Label  
with date of sample

Affix  
HEP CLON 180  
Record Label  
with date of sample

Test cancel:  YES, REASON

**COMPLICATIONS:**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> <b>Dry mouth</b> | <input type="checkbox"/> <b>Ringing in the ears</b> | <input type="checkbox"/> <b>Confusion</b>  |
| <input type="checkbox"/> <b>Flushing</b>  | <input type="checkbox"/> <b>Lightheadedness</b>     | <input type="checkbox"/> <b>Drowsiness</b> |
| <input type="checkbox"/> <b>Headache</b>  | <input type="checkbox"/> <b>Fainting</b>            | <input type="checkbox"/> <b>Tiredness</b>  |
| <input type="checkbox"/> <b>Nausea</b>    | <input type="checkbox"/> <b>Vomiting</b>            |  |

**Other:** \_\_\_\_\_

Affix  
URIN ON MET  
Record Label  
with date of sample

Affix  
URIN DY CAT  
Record Label  
with date of sample

Affix  
EDTA CGA  
Record Label  
with date of sample

**PHASE 3 - (ENTRY-DATE: \_\_\_\_\_ )**

**PHASE 3 for pregnant woman and pregnant children/teens (5-18 years)**

Pregnancy test positive  (DATE: \_\_\_\_\_ )

	Ordered (Date)	Performed (Date)
A. ABPM:	_____	_____
B. Echocardiography:	_____	_____
C. MRI-Scan:	_____	_____

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HEP CAT Record  
Label with date of  
sample

Affix  
EDTA CGA Record  
Label with date of  
sample

Affix  
URIN 24 Record  
Label with date of  
sample

**PHASE 3 for children/teens (5-18 years) (Pregnancy test negative)**

	Ordered (Date)	Performed (Date)
A. ABPM:	_____	_____
B. Echocardiography:	_____	_____
C. MRI-Scan:	_____	_____
D. MIBG-Scan:	_____	_____
E. Ga-DOTATOC:	_____	_____

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HEP CAT Record  
Label with date of  
sample

Affix  
EDTA CGA Record  
Label with date of  
sample

Affix  
URIN 24 Record  
Label with date of  
sample

**PHASE 3 (Pregnancy test negative, no child)**

	Ordered (Date)	Performed (Date)
A. ABPM:	_____	_____
B. Echocardiography:	_____	_____
C. MRI-Scan:	_____	_____
D. CT-Scan:	_____	_____
E. MIBG-Scan:	_____	_____
F. Ga-DOTATOC:	_____	_____

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HEP CAT Record  
Label with date of  
sample

Affix  
EDTA CGA Record  
Label with date of  
sample

Affix  
URIN 24 Record  
Label with date of  
sample

PHASE 3 – METABOLIC STUDIES (All patients):

Affix  
SER INS Record  
Label with date of  
sample

Affix  
FLU HBA GLUC  
Record Label with  
date of sample

**PHASE 4 – EXCLUSION (ENTRY-DATE: \_\_\_\_\_ )**

1. Telephone follow-up: \_\_\_\_\_

**PHASE 4 – OPERATION (ENTRY-DATE: \_\_\_\_\_ )**

PHASE 4 – post OP (2-4 weeks after surgery)

1. Operation:  YES, DATE OF SURGERY: \_\_\_\_\_

NO, go to PHASE 4- INOPERABLE PATIENTS

Affix  
TUMOR Record  
Label with date of  
sample

Reason why patient was not operated:

\_\_\_\_\_

2. Surgical pathology: \_\_\_\_\_

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HEP MET Record  
Label with date of  
sample

Affix  
URIN 24 MET  
Record Label  
with date of sample

PHASE 4 – One Year

1. EKG: \_\_\_\_\_

Ordered (Date)

Performed (Date)

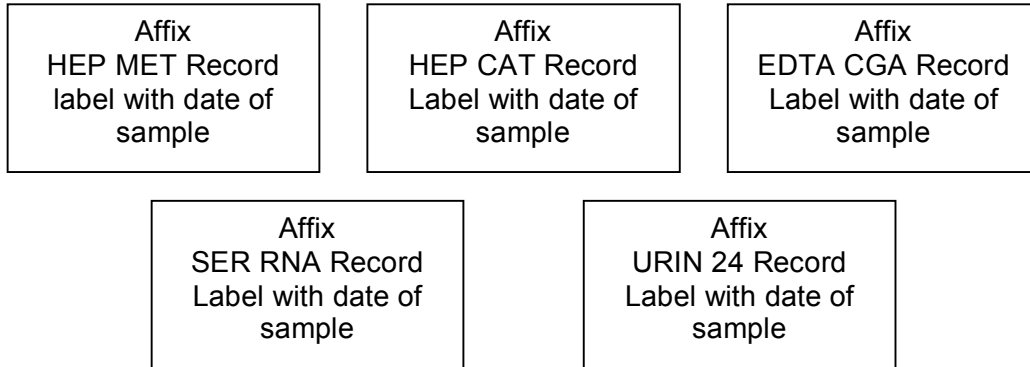
2. Echocardiography: \_\_\_\_\_

\_\_\_\_\_

3. ABPM: \_\_\_\_\_

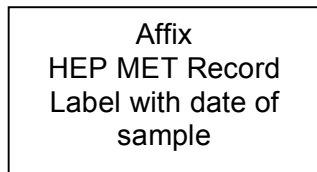
\_\_\_\_\_

PHASE 4 – One Year

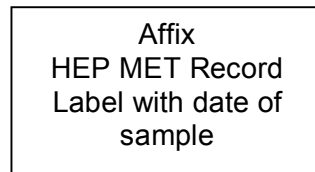


**PHASE 4 – OPERATION**

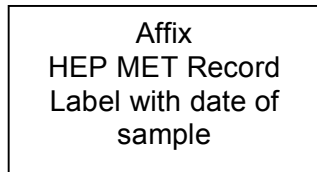
PHASE 4 – YEAR 2 FOLLOW UP



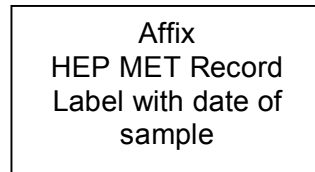
PHASE 4 – YEAR 3 FOLLOW UP



PHASE 4 – YEAR 4 FOLLOW UP



PHASE 4 – YEAR 5 FOLLOW UP



**PHASE 4 – SPECIAL PROCEDURES**

1. FDG-PET (Pregnancy excluded, no child) in inoperable patients, patients with SDHB mutation or metastatic disease confirmed on MRI/CT or MIBG:

Ordered (Date)

\_\_\_\_\_

Performed (Date)

\_\_\_\_\_

2. Positive Genetics (SDHB or SDHD mutations):

Ordered (Date)

MRI-scan: \_\_\_\_\_  
(Neck, Thorax, Abdomen)

Performed (Date)

\_\_\_\_\_

CT-scan: \_\_\_\_\_  
(Neck, Thorax, Abdomen)

\_\_\_\_\_





