

Level of Intellectual Disability Assessment Sheet

Instructions

To answer the following three questions about the intellectual disability, please use all available information e.g. records in sheltered housing institutions or other documents.

1. Intellectual disability is divided into a mild, moderate, severe or profound degree. The different severity degrees of intellectual disability are described with typical ability levels in different ability areas in detail subsequently¹. At first, there is also a differentiation against a learning disability. Please read the descriptions carefully and indicate the highest ability level, the person has ever achieved. Please tick the severity level, that best matches the person. Please check only one box.

₀₁ **Learning Disability** (ICD-10 diagnosis F81.9, IQ 70-84)

Speech: hardly any speech development disorders

Reading, Writing, Numeracy: reading and writing learnt, numeracy: knowing of all basic arithmetic operations; learning: delayed; application: erroneous; not sufficient for regular school in most cases

Self Determination: available, however insufficiently versed to assert the requirements of an unsheltered social environment

Activities of Daily Living: no problems if no additional physical disability exists

Occupational Skills: regular vocational training (apprenticeship etc.) in rare cases possible

Interpersonal Skills: similar to normal intelligent people

₀₂ **Mild Intellectual Disability** (ICD-10 diagnosis F70, IQ 50-69; former name: „debility“)

Speech: delayed acquisition of speech, good daily use active and passive speech competence

Reading, Writing, Numeracy: main problem in school; problems in reading fluently, writing flawed; numeracy: adding and simple subtraction

Self Determination: full autonomy in self-support in most cases, constraint through consequences of emotional and social immaturity, problems with speech could hinder autonomy

Activities of Daily Living: delayed speed of development, control over bowel and bladder achieved, full independency with eating, hygiene, putting on clothes, practical and household duties can be reached, limitations in dealing with money

Occupational Skills: learnable, rather practical skills, handiworks

Interpersonal skills: similar to normal intelligent people, fewer problems in the sociocultural surrounding, that hardly values educational training

₀₃ **Moderate Intellectual Disability** (ICD-10 diagnosis F71, IQ 35-49; former name: „imbecility“)

Speech: considerably delayed acquisition of speech (comprehension and use), limited and variable, active verbal or nonverbal

Reading, Writing, Numeracy: perhaps basic knowledge available; reading very slowly, writing very deficient, single words; numeracy: room of ten with help of fingers at best

Self Determination: fully independent adult life rarely achieved, lifelong supervision required for some

Activities of Daily Living: delayed learning and delayed motor development; fully mobile, physically active, mostly walkable; continuous need for support possible

Occupational Skills: simple practical activities, structured, possibly with supervision

Interpersonal Skills: able to make contact with others, to communicate, simple social activities

₀₄ **Severe Intellectual Disability** (ICD-10 diagnosis F72, IQ 20-34; former name: „severe imbecility“)

Speech: limited speech development, less active and passive speech use, limited comprehension
Reading, Writing, Numeracy: not available
Self Determination: rely on help in most areas and the specific needs and forms of articulation are to be known to the caring environment
Activities of Daily Living: delayed learning; delayed motor development, continuous need for help in almost all areas (food, body hygiene, etc.); often motor weakness or motor failures and additional physical disabilities
Occupational Skills: most basic, the simplest of activities, e.g. sorting work, assignment possible
Interpersonal Skills: simple social activities

₀₅ **Profound Intellectual Disability** (ICD-10 diagnosis F73, IQ <20; former name: „idioty“)

Speech: at most: formulation of simple requirements, minimal understanding of basic requirements
Reading, Writing, Numeracy: not available
Self Determination: comprehensive need for help, little or no ability to provide for one's own basic needs
Activities of Daily Living: often immobile or severely restricted with mobility and includes physical deficits, incontinent, need of constant help and monitoring, satisfaction of basic needs (food, avoidance of pain) takes up most time, with guidance low participation in domestic and practical tasks possible
Occupational Skills: most basic, simplest activities, e.g. sorting and assigning possible
Interpersonal Skills: rudimentary forms of non-verbal communication possible

2. 2.1. What diagnosis of intelligence impairment is recorded in the files?

.....(please fill in) ₉₉ unknown

2.2. Do you know the cause of intellectual disability? ₀₀ no ₀₁ yes

2.3. If yes, please describe it shortly.

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3. Did the intellectual disability occur before the age of 18 years? ₀₀ no ₀₁ yes ₉₉ unknown

¹ based on Gaese (2007)

References:

Gaese, F. (2007). Intelligenzminderung (F7). In C. Schanze (Ed.), *Psychiatrische Diagnostik und Therapie bei Menschen mit Intelligenzminderung* (pp. 131-144). Stuttgart: Schattauer.