

## Report April – June 2025; Smell & Taste

### Peer-reviewed Original Publications

- Xu X, Flemming K, Mastinu M, Haehner A, Hummel T (2025) Oral somatosensory sensitivity in the clinical assessment of gustatory dysfunction. *Laryngoscope* (in press)
- Mastinu M, Schönherr MV, Hummel T (2025) The taste of trigeminal sensations: relation between taste, lingual tactile acuity, and spicy perception in patients with taste dysfunction. *Chem Senses* (in press)
- Hintschich CA, Resler K, Brückner C, Altundag A, Trautmann K, Hölig K, Kroschinsky F, Pieniak M, Hummel T (2025) Granulocyte Colony Stimulating Factor (G-CSF) and Olfactory Function – a Clinical Pilot Study. *Laryngoscope Invest Otolaryngol* (in press)
- Sabiniewicz A, Reichert A, Oleszkiewicz A, Haehner A, , Hummel T (2025) Effects of physical exercise and olfactory training with pleasant and unpleasant odors on verbal fluency and depression. *Chem Senses* (in press)
- Mastinu M, Thaploo D, Warr J, Hummel T (2025) Cortical representation of food-related odors in gustatory areas differs according to their taste association: an fMRI study. *Brain Sci* 15(4):418
- Álvarez-Mercado AI, López Plaza B, Plaza-Díaz L, Arcos-Castellanos L, Ruiz-Ojeda F, Brandimonte-Hernández M, Feliú-Batlle J, Hummel T, Palma-Milla S, Gil A (2025) The Regular Consumption of a Food Supplement Containing Miraculin Can Contribute to Reducing Biomarkers of Inflammation and Cachexia in Malnourished Patients with Cancer and Taste Disorders. *Pharmaceuticals* (in press)
- Hernandez AK, Biguerdi S, Lantzsch K, Schindowski K, Gunder N, Sekine R, Mori E, Hummel T (2025) Intranasal pH and olfactory function among healthy adults. *Laryngoscope* (in press)
- Lechner M, Fjaeldstad A, Rehman U, Liu J, Boniface D, Kumaresan K, Boardman J, Boak D, Altundag A, Frasnelli J, Gane S, Holbrook E, Hsieh J, Huart C, Konstantinidis I, Landis BN, Lund VJ, Macchi A, Mori E, Mueller C, Mullol J, Negoias S, Patel ZM, Pinto JM, Poletti S, Ramakrishnan V, Rombaux P, Vodicka J, Welge-Luessen A, Whitcroft KL, Yan C, Philpott C, Hummel T (2025) The Development and Validation of the Smell-Qx Questionnaire, Based on a Systematic Review of the Literature and the COMET Initiative on the Development of Core Outcome Sets for Clinical Trials in Olfactory Disorders. *Int For Allerg Rhinol* (in press)
- Xu X, Ludányi KP, Juratli JH, Németh F, Nagy D, Kraxner H, Hummel T (2025) Real-world outcomes of 3-month olfactory training on post-COVID-19 parosmia. *ORL* (in press)
- Yoshino A, Murakami R, Komachi T, Kawaguchi Y, Okubo K, Mahmut MK, Hummel T (2025) Impact of Odor Familiarity on the effectiveness of Olfactory Training: A Study with a Japanese sample. *ORL* (in press)
- Chao YT, Liao YC, Hsu PS, Thaploo D (2025) Altered white matter architecture in patients with isolated congenital anosmia. *Brain Struct Funct* 230, 78.
- Gellrich J, Parisato L, Sabha M, Croy I, von der Hagen M, Hummel T, Schriever VA (2025) Sniffing Out Emotion: Basic Emotions Elicited by Odors in Children and Adolescents. *Int J Behav Dev* (in press)
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### Other publications (Chapters, peer-reviewed reviews, letters)

- Whitcroft K, Hernandez AK, Andrews P, Altundag A, Benkhatar H, Bensafi M, Boex C, Calegari F, Coelho D, Costanzo R, Druet V, Esposito W, Fornos AP, Gane S, Hintschich C, Holbrook E, Hsieh J, Huart C, Kobayashi M, Konstantinidis I, Lacour S, Landis BN, Lipp C, Macchi A, Mignot

- C, Mori E, Myuran T, Nishijima H, Patel Z, Philpott C, Podlesek D, Polanski W, Richardson R, Rombaux R, Senn P, Sipione R, Weise S, Hummel T (2025) Olfactory Implants: International Opinion Paper on Emerging Technologies and Clinical Applications. Rhinology (in press)
- Sekinger L, Hummel T (2025) Riechstörungen: Leben ohne Geruch. J Culinaire 40: 11-21
  - Chao YT, Shih CF, Chen CH, Hummel T (2025) Multidimensional effectiveness of olfactory training for chronic COVID-19-related olfactory dysfunction: a systematic review and meta-analysis. Rhinology (in press)
  - Hähner A, Hummel Th (2023) B 1 Riech- und Schmeckstörungen. In: Diener H-C et al. (Hrsg.) Therapie und Verlauf neurologischer Erkrankungen. 8. Auflage. S. 149–157.
  - Fjaeldstad AW, Hummel T (2025) Losing Your Sense of Smell: It can be worse than imagined. Brain Sci (in press)
  - Trnka F, Schmirlerova H, Schmirler M, Netuka D, Sichová K, Cerný M, Hummel T, Martin Majovský M (2025) Changes in Nasal Anatomy and Airflow After Endoscopic Resection of Pituitary Adenomas Using Computational Fluid Dynamics: A Pilot Study . Cureus 17(6): e85568. DOI: 10.7759/cureus.85568
  - Manan HA, de Jesus R, Thaploo D, Hummel T (2025) Mapping the Olfactory Brain: A Systematic Review of Structural and Functional MRI Changes Following Post-Viral Smell Loss. Brain Sci (in press)
  - (2025) Olfactory Impairment and Incident Cognitive Decline: A Systematic Review and Meta-Analysis. Int Forum Allergy Rhinol (in press)
  - Oleszkiewicz A, Croy I, Hummel T (2025) The Impact of Olfactory Loss on Quality of Life: A 2025 Review. Chem Senses (in press)
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## Guests / Personnel / Visitors

- 3.4.2025: [Hitomi Sato](#), Ph.D., [Tokyo Dental College](#), starts here 1 year visit
- 3.4.2025: Dr. Maher Abou Nasr visits from the Department of Otorhinolaryngology, [Asklepios Klinik Altona](#)
- 15.4.2025: [Michał Dzieciot](#), Prof., visits from the Department of Veterinary Medicine at the Uniwersytet Przyrodniczy we Wrocławiu, Wrocław
- 30.4.2025: [Dr. Maria Steinke](#), Universitäts-HNO Klinik Würzburg
- 28.4.-2.5.2025: [Eishaan Kamta Bhargava](#), MD, Department of ORL, Sheffield Children's Hospital
- 8.5.2025: Mai Matsuda, medical student from Hamamatsu Medical School, Hamamatsu, Japan
- 8.5.2025: Prof. Mahmut Tayyar Kalcioglu, Dept. of ORL, Istanbul Medeniyet University Medical Faculty, Istanbul
- 20.6.2025: [Prof. Reda Kamel](#) visits from Department of Otorhinolaryngology, Cairo University, Egypt.
- 27.6.2025: Wiktoria Jedryczka, Dept of Psychology, Univ. of Wroclaw, starts her 2 months position
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## Thesis

- 04.04.2025: Anna Kristina Hernandez, Ph.D., Investigating the intranasal trigeminal system and its interactions with olfaction and nasal airflow / obstruction based on psychophysical and objective airflow tests"
- 6.5.2025: Babette Schaab: Verteidigung Dr. med. „Verarbeitung gustatorisch evozierter Potenziale bei Patienten mit Schmeckstörung im Vergleich zu gesunden Probanden (Kontrollgruppe) mit Hilfe evozierter Potenziale“
- 6.5.2025: Tim Grahl: Verteidigung Dr. med. „Unterscheidung von Düften durch Kinder in verschiedenen Altersgruppen“
- 6.5.2025: Carl-Philipp Classen: Verteidigung Dr. med. „Die Auswirkung von angenehmen Düften auf den Effekt der progressiven Muskelrelaxation“
- C6.5.2025: elina Aurelia Vogel: Verteidigung Dr. med. „Untersuchung von olfaktorischen und visuellen Sinneseindrücken während der Strahlentherapie“
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## Awards

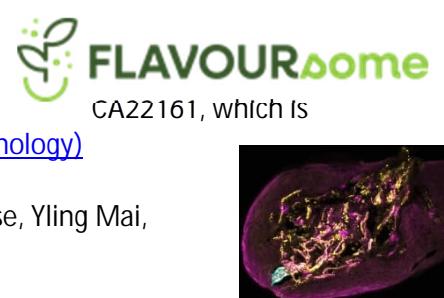
- Winner of the Award of the AG Olfactology/Gustology 2024: "Mucociliary Clearance" – Anna Kristina Hernandez
- Winner of the Award of the AG Olfactology/Gustology 2024: "Age-related habituation to odors" - Cindy Ma
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## Conference / presentations:

- 10.4.2025: Dr. Susanne Weise presents at the Hygienemuseum Dresden on "odors in the air!"



- 9.4.-11.4.2025: [2nd FLAVOURsome Advanced Training School: Chemosensation! Taste!](#)  
Part of the activities of the COST Action FLAVOURsome, supported by [COST \(European Cooperation in Science and Technology\)](#) with presentations from Mariano Mastinu, Coralie Mignot, Tin Hernandez, Susanne Weise, Yling Mai, Zetian Li, Kwangsu Kim, Thomas Hummel



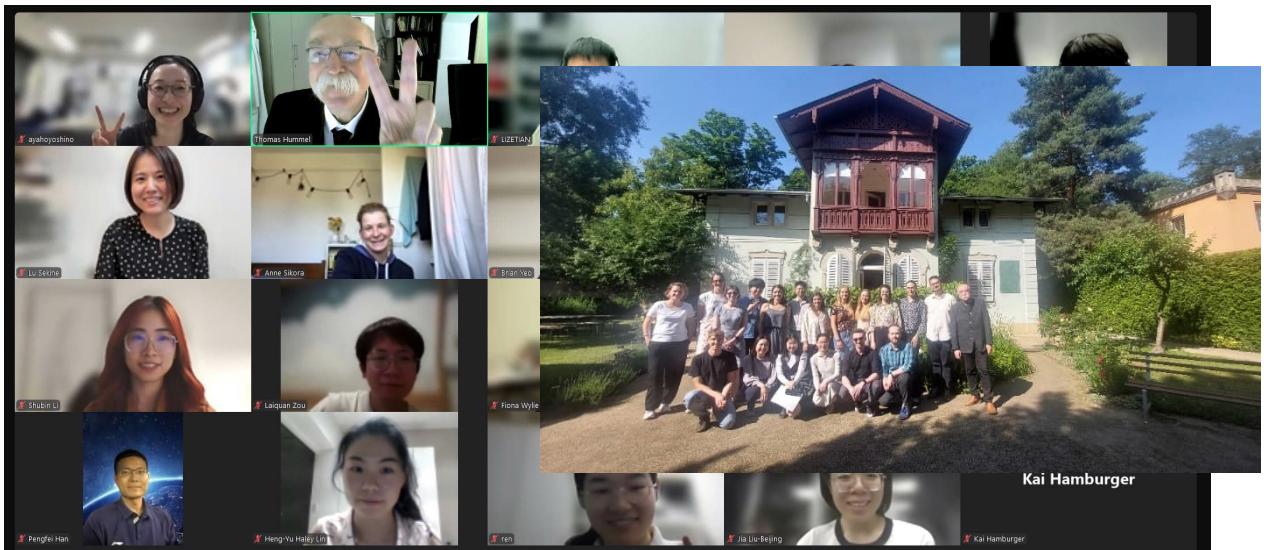
- 24.4.2025: Michal Pieniak presents at the European Sensory Network Spring Meeting 2025 in Geneva (24-25.04.2025). on "Olfactory Training: from Basic Research to Real-World Applications".
- ACHEMS Conference in Bonita Springs, FL, USA: 23.-26.4.2025. Presentations by

- Mariano Mastinu: "Oral Trigeminal Perception Of Astringency, Capsaicin, And Stereognosis: Exploring Individual Variability And Impact Of Taste Dysfunction"
- Thomas Hummel: "On The Ph Of The Human Olfactory Mucus"
- Agnieszka Sorokowska: "Child Food Neophobia And Sympathetic Arousal In Response To Odor Exposure"
- Ronja Hopf: "Molecular Mechanisms Of Olfactory Training In Dysosmic And Normosmic Individuals"
- Antje Welge-Lüssen: "Normosomic Patients In A Smell And Taste Clinic"
- 9.5.2025: Thomas Hummel presents on "Clinical aspects of olfactory plasticity" at the Chinese Association of Chemical Senses (CAChe)
- Online conference ODOFANT4, organized by Pengfei Ahn and Thomas Hummel, on 15./16.5.2025, with presentations from
  - Mai, Yiling: Smell over Pain
  - Maria Rommel: The olfactory fingerprint
  - Li Zetian: Sleep - effects of odors
  - Emely Kruschwitz: Olfactory training and olfactory receptors
  - Kwangsu Kim: Using AI to categorize olfactory event-related potentials in anosmia and normosmia
  - Hitomi Sato: Differences in time-intensity sensory evaluation of salty taste between young and older adults.
- The [Wroclaw-Dresden CHEMOSENSATION! Meeting](#) at the Krazewski museum in Dresden, on June 13<sup>th</sup>, 2025.

Le mot **O D O F A N T**  
n'est pas valide au scrabble



the lab meeting at the Krazewsky-Museum ( <a href="https://kraszewski-dresden.de/en">https://kraszewski-dresden.de/en</a> ) - Chemosensation!			
		13th of June, 2025	
<a href="#">how to get there</a>			
		begin 10:30	
<b>The nose and other issues</b>	Chair: Thomas Hummel		
Anna Kristina Hernandez	On the pH of the olfactory mucus	11:00	
Wiktoria Jędryczka	Daily life sniffing frequency and the olfactory abilities	11:12	
Yiling Mai	Odor exposure and pain perception.	11:24	
Maria Rommel	Olfactory Fingerprint and COVID19	11:36	
Antje Hähner	Patients with Wilson's disease cannot smell sulfur	11:48	
<b>break</b>		12:00-12:15	
<b>Exposure to odors</b>	Chair: Yiling Mai		
Michał Pieniąk	How does smell training change cortical responses to odors in healthy adults?	12:15	
Barbara Zyzelewicz	Olfactory training reliefs depressive symptoms in elderly people with subclinical depression	12:27	
Marta Rokosz	The effects of olfactory training on cognitive function in healthy adults	12:39	
Lenja Mayer	Effects of physical exercise and pleasantness of odors on olfactory function	12:51	
<b>break</b>		13:03-13:45	
<b>Olfactory function and its modulators</b>	Chair: Michał Pieniąk		
Shubin Li	Assessment of the human electrobulbogram	13:45	
Kwangsu Kim	Recognition of emotions based on facial reactions	13:57	
Daniel Marek	Development of a tool to measure odor awareness in children aged 4 years and above	14:09	
Aleksandra Reichert	Human olfactory sensitivity varies across geographical locations	14:21	
Anna Oleszkiewicz	The olfactory world: demographic and geographical determinants of human olfactory perception	14:33	
<b>break</b>		14:45-15:00	
<b>Change of olfactory function</b>	Chair: Anna Oleszkiewicz		
Janine Gellrich	Odors in childhood	15:00	
Agnieszka Sorokowska	Food neophobia	15:12	
Zetian Li	Changes of olfactory function in patients with parosmia	15:24	
Cornelius Brückner	Impact of Chemotherapy and G-CSF on Human Olfactory and Gustatory Function	15:36	
Susanne Weise	Effects of auricular vagal stimulation on olfactory function	15:48	
		finish 16.30	



### Thursday, 15th of May

<https://tu-dresden.zoom-x.de/j/694802050?omn=67573191236>

Dresden	Chongqing	chair: Pengfei Han	
10:10	16:10	Mai, Yiling	Smell over Pain
10:20	16:20	Maria Rommel	The olfactory fingerprint
10:30	16:30	Ben Chen	Sex Differences in Olfactory Networks and Their Association with pTau217 in Mild Cognitive Impairment: A Neuroimaging-Transcriptomic Study
10:40	16:40	Yun-Ting Chao	Cross-Modal Neural Plasticity Induced by Multisensory Olfactory Training
10:50	16:50	Lina Ren	the validation of ThreeT retronsal olfactory test in Chinese population
break			
11:10	17:10	Devesh Rawat	Olfactory thresholds in India and Germany
11:20	17:20	Prem Wungcharoun	Normative Data for the 16-item Thai Smell Identification Test in Geriatric Populations.
11:30	17:30	Kohet Taniguchi	Retronasal olfactory tests
11:40	17:40	Sithatcha Wongkom	The development of odor identification test for Thai children
break			
12:20	18:20	Kazuhiro Funabashi	A case: unilateral spontaneous phantosmia + nausea + headache with soft tissue density shading in the olfactory cleft
12:30	18:30	Yunpeng Zang	Decoding the Neural Basis of olfactory dysfunction: a Multimodal MRI study in Chronic rhinosinusitis with olfactory dysfunction
12:40	18:40	Pengbo Gao	Radiomics Study of Olfactory-Related Brain Regions in Alzheimer's Disease.
break			
13:10	19:00	Gina Yin-Chun Liao	Reward Network Plasticity in Acquired Anosmia: A Preliminary fMRI Study
13:20	19:10	Schwarz, Mira	The human sense of smell in spatial orientation
13:30	19:20	Jia Liu	Olfactory Performance Assessed for Children by the Combined Testing
13:40	19:30	Pauline Breidel	The smell of amniotic fluid

### Friday, 16th of May

<https://tu-dresden.zoom-x.de/j/694802050?omn=69467923541>

Dresden	Chongqing	chair: Thomas Hummel	
10:10	16:10	Fiona Wylie	Scents of Attraction: How Olfactory Ability and Disgust Relate to Romantic Relationships
10:20	16:20	Li Zetian	Sleep - effects of odors
10:30	16:30	Emely Kruschwitz	Olfactory training and olfactory receptors
10:40	16:40	Shubin Li	Electrobologram
break			
21	11:00	Juthamard Vongsuteera	Smell Training Can Improve Olfactory Function in Smoking Cessation Patients: A Prospective Randomized Controlled Trial
23	11:10	Darong Chen	Perceptual Load Modulates Odor Intensity and Affective Habituation: A Comparative Study of Positive and Negative-Valence Odors
24	11:20	Antonie Bierling	One molecule, a thousand noses - investigating variability in smell perception
22	11:30	Oster, Christoph	Predictive value of olfactory function in glioblastoma
break			
12:00	18:00	chair: Ayaho Yoshino	
12:10	18:10	Isabelle Burke	Mind Your Nose: Olfactory memory training in older adults with subjective cognitive decline
12:20	18:20	Fei Peng	Atypical Olfactory Identification, Memory, and Meta-cognition in Children with Autism Spectrum Disorder
12:30	18:30	Yeo Sheng Yep, Brian	Olfactory impairment and Cognitive Decline
break			
12:50	18:50	Charn Tze Choong	Olfactory impairment and frailty
13:00	19:00	Kwangsu Kim	Using AI to categorize olfactory event-related potentials in anosmia and normosmia
13:10	19:10	Zhuofeng Li	Neural Mechanisms of Encoding, Maintenance, and Retrieval in Olfactory Working Memory
13:20	19:20	Haley Heng-Yu Lin	Unilateral gustatory dysfunction is associated with facial paralysis after skull base surgery
		Hitomi Sato	Differences in time-intensity sensory evaluation of salty taste between young and older adults.

- Deutscher HNO Kongress in Frankfurt, 29.-31.5.2025 - Vorträge, Kurse
  - Schmecken und trigeminale Wahrnehmung – Beziehung zwischen Schmeckfunktion, lingualer Mechanosensorik und Schärfewahrnehmung - M.-V. Schönherr, M. Mastinu, T. Hummel
  - Causes of olfactory loss in cystic fibrosis S. Weise



- Mucociliary Clearance A. K. Hernandez
- Innovation bei der Therapie von Riechstörungen – Substitution olfaktorischer Stimuli durch die Reizung des trigeminalen Systems beim Menschen S. Weise, H. B. Stanley, C. Lipp C. Mignot, K. Garefis, M. Fieux, E. Tsakiroglou, S. Genetzaki, R. Dubreuil, P. Hanslik, C. Ferdenzi, M. Carulli, A. Bertsch J. Brugger, T. Hummel, I. Konstantinidis, M. Bensafi
- Riechen in Abhängigkeit vom intranasalen pH - A. K. T. Hernandez, S. Biguerdi, K. Lantzsch, T. Hummel
- Kurs: Riechen und Schmecken - T. Hummel, A. Welge-Lüßen, V. Gudziol, M. Damm
- Conference of the European Rhinological Society in Budapest, June 22-25, 2025 with presentations by
  - 24.6.2025: Thomas Hummel - How should we measure olfaction in clinical practice and in clinical trials?
  - 23.6.2025: Thomas Hummel - Advancing the Senses: Breakthroughs in Clinical Olfactory Testing
  - 23.6.2025: Anna Kristina Hernandez - How to manage a patient with endonasal trigeminal dysfunction
  - 22.6.2025: Susanne Weise: Olfactory disorders - emerging treatment options beyond training
  - 23.6.2025: Susanne Weise: Development of an olfactory implant - from idea to pre-prototype
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## Presentations in the lab:

- [Prof. Rona Graham](#), Gibson's medical Clinic, University of Sherbrooke, presents on the 15th of April at 15:00h, on *Arterial diameter changes in the brain and improvement of olfactory and cognitive functions post olfactory therapy in Mild Cognitive Impairment*
- 16.4.2025: Mariano Mastinu, Ph.D., presents on "taste and trigeminal function"
- 19.5.2025: [Eishaan Kamta Bhargava](#), MD, Department of ORL, Sheffield Children's Hospital, presented on his research

## What else:

- 20.6.2025: Long Night of Science – presentation of olfactory tests, nasal endoscopy etc.: Sero Biguerdi, Aya Ajaj, Selin Bayindir, Pauline Hanslik, Laetitia Bleul, Karoline Lantzsch, Sophia Frieling, Alicia Jatzek, Henrik Berning, Thomas Hummel
- 14.6.2025: The Dresden Museum Night - presentation of olfactory tests, nasal endoscopy etc.: Lisa Höhnel, Raphael Seeger, Annika Sachs, Sarah Elsner, Alissa Boberg, Lenja Mayer, Jannick Porschberg, Susanne Weise, Thomas Hummel



media:

- 6.5.2025: Thomas Hummel Interview mit Stephan Schön, Sächsische Zeitung : „Was riecht im Wald?“
- 33.5.2025: Thomas Hummel Interview mit Sabine Meuter von der Apotheken Umschau zum Thema "Salziger Geschmack im Mund: Was tun?"
- 1.5.2025: Thomas Hummel and Anna Oleszkiewicz provide interview with David Robson for the New Scientist (24<sup>th</sup> of may 2005, pages 30-34), on "Your super sense"
- 25.6.2025: Thomas Hummel Interview with Annika Inampundi for Science Magazine on "[Mountain-dwelling animals may have a worse sense of smell](#)"
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